

| Delt. | I mål | Navn | Bedste tid 1/2 | Forrige 1/4 | Seneste 1/4 | Korr. Tid | Starttid | Tid i mål | Rotid | Plac. | Points | Overført | I alt |
|-------|-------|------------------------------|-------------------|----------------|----------------|-----------|--------------|-----------|-------|-------|--------|----------|-------|
| | | <i>Britta Stokbro Christ</i> | 53:12 | 53:24 | 53:12 | 53:15 | 00:00 | | | | | 64 | |
| | | <i>Morten Berntsen (B)</i> | 51:17 | 51:17 | 51:17 | 51:17 | 01:58 | | | | | 20 | |
| | | <i>Jøren Drustrup(B)</i> | 49:52 | 49:52 | 49:52 | 49:52 | 03:23 | | | | | 20 | |
| | | <i>Morten Mechlenb. (B)</i> | 49:11 | 49:11 | 49:11 | 49:11 | 04:04 | | | | | 20 | |
| | | <i>Keld Høgsbro</i> | 45:01 | 50:03 | 45:01 | 46:16 | 06:58 | | | | | 55 | |
| | | <i>Simon M Jensen (B)</i> | 43:58 | 43:58 | 46:55 | 44:42 | 08:32 | | | | | 127 | |
| | | <i>Nicklas Storgaard</i> | 44:24 | 44:24 | 44:24 | 44:24 | 08:51 | | | | | 20 | |
| | | <i>Rikke Vilso</i> | 42:53 | 42:53 | 47:28 | 44:01 | 09:13 | | | | | 38 | |
| | | <i>Troels Landbo</i> | 42:18 | 43:57 | 42:18 | 42:42 | 10:32 | | | | | 96 | |
| | | <i>Bruno Simonsen</i> | 41:28 | 45:58 | 41:28 | 42:35 | 10:39 | | | | | 253 | |
| | | <i>John Berg</i> | 41:45 | 42:11 | 43:10 | 42:12 | 11:02 | | | | | 279 | |
| | | <i>Mia Buuge (B)</i> | 41:53 | 41:53 | 42:05 | 41:56 | 11:19 | | | | | 107 | |
| | | <i>Jeppe Nellemann</i> | 40:44 | 44:09 | 40:44 | 41:35 | 11:39 | | | | | 328 | |
| | | <i>Jens Sørensen</i> | 40:41 | 40:41 | 42:58 | 41:15 | 11:59 | | | | | 279 | |
| | | <i>Finn Christensen</i> | 40:36 | 40:36 | 40:42 | 40:37 | 12:37 | | | | | 36 | |
| | | <i>Jacob Andersen (B)</i> | 38:41 | 43:41 | 38:41 | 39:56 | 13:19 | | | | | 172 | |
| | | <i>Henrik Siegenfeldt</i> | 38:44 | 41:32 | 38:44 | 39:26 | 13:49 | | | | | 268 | |
| | | <i>Lars Erik Larsen</i> | 38:20 | 40:36 | 38:20 | 38:54 | 14:21 | | | | | 347 | |
| | | <i>Mads Bak-Jensen</i> | 38:01 | 38:01 | 40:30 | 38:38 | 14:36 | | | | | 277 | |
| | | <i>Cliff Hjulskov</i> | 37:51 | 40:48 | 37:51 | 38:35 | 14:39 | | | | | 93 | |
| | | <i>Mie og Simon - K2</i> | 37:52 | 37:52 | 37:52 | 37:52 | 15:23 | | | | | 20 | |
| | | <i>Frank Elnef</i> | 37:18 | 39:21 | 37:18 | 37:48 | 15:26 | | | | | 125 | |
| | | <i>Henrik Weinkouff</i> | 36:30 | 39:24 | 36:30 | 37:13 | 16:01 | | | | | 344 | |
| | | <i>Flemming Jensen</i> | 36:03 | 39:31 | 36:03 | 36:55 | 16:20 | | | | | 390 | |
| | | <i>Steffen Martens</i> | 35:52 | 38:23 | 35:52 | 36:29 | 16:45 | | | | | 38 | |
| | | <i>Jeppe Kristensen</i> | 34:29 | 38:23 | 34:29 | 35:27 | 17:47 | | | | | 85 | |
| | | <i>Therkil Bak-Jensen</i> | 34:09 | 39:11 | 34:09 | 35:24 | 17:50 | | | | | 414 | |
| | | <i>Elias Kramer</i> | 29:07 | 29:07 | 29:07 | 29:07 | 24:08 | | | | | 20 | |

| Max Bedste tid+15% |
|-----------------------|
| 61:10 |
| 58:58 |
| 57:20 |
| 56:33 |
| 51:46 |
| 50:33 |
| 51:03 |
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| 33:29 |

